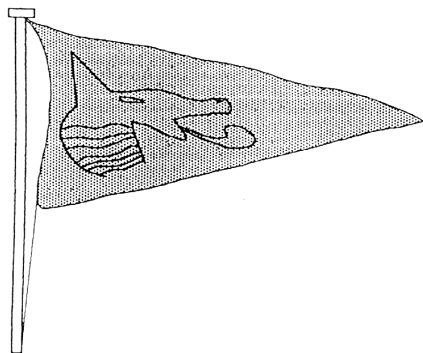


# **SALTERNS SAILING CLUB**

Maiden Lane Lymington

## **MEMBERS' HANDBOOK 2011**



# SALTERNS SAILING CLUB

## INTRODUCTION

### OBJECTIVE

The object of the Club is to help children *under* sixteen years of age to learn to enjoy sailing and give them experience in the organising and administration of a sailing club.

### HISTORY

The Club was formed in 1960 on land owned by Major Hibbert to encourage and organise sailing and racing for helmsmen and women under the age of 16 years and to give its members practical experience in a safe environment.

In 1959 the Salterns eight acre pond was created by parents cleaning out an old saltpan with bulldozer and drag-lines and laying additional sluice-pipes to the sea with the spoil being used to build up the dykes. The depth of water is approximately three feet, except in one corner where it is 6 feet.

We sail British Moths, Optimists, Cadets, Scows and RS Teras. The pond is now owned by Hampshire County Council and is a Site of Special Scientific Interest. Its management is controlled by Hampshire County Council as part of the Lymington to Keyhaven Nature Reserve and in return for paying a yearly rent we are allowed to sail on it from the beginning of April until November each year.

Originally, the members were entirely responsible for the running of their Club and organising the sailing and social events, with limited help and advice from their parents and the Old Salts Association (parents are automatically members of the OSA). This Association was formed in 1967 and built 30 British Moths for SSC members and helped to build the Clubhouse, jetty and dinghy park.

Today, however, the average age of members is younger and the responsibility of the running of the Club has through necessity, fallen on the shoulders of parents of members. Families often join when a child reaches about seven years old and leave when the youngest gets to about 15 years. Through our sailing racing programme and Junior Committee appointments we try to encourage the older ones to stay on as long as possible

### MEMBERSHIP

A candidate for junior membership must be over six and under fifteen. To be a full member you will be at least seven years old. Children who are twelve and over may if they have been Full and Family members become a member in their own right. A list of membership charges is set out in Appendix C

We have a number of associate groups who use the Salterns in evenings/weekend. These are listed under Appendix B.

### INSTRUCTION

We are a RYA training centre. There is a graded series of sailing tests based on the RYA Young Sailors Scheme, and various pennant colours can be obtained. These provide a framework for instruction and a stimulus for the children. The Club runs a couple of intensive weekend courses a year, known as "Moppy" Camps, where formal instruction and pennant testing takes place.

### MANAGEMENT

The Club is entirely run by volunteers. The summer programme, which includes various activities such as fun days and regattas, relies on the help of parents. All member families are sent a Duty Parent Rota at the beginning of the year and it is essential that parents attend their duty day as it is in fact a condition of membership that parents do their duty day.

### CONSTITUTION

The Club's Constitution includes a number of Bye-Laws that must be upheld and a full list can be found on the Club Notice board. The three most important ones are:

1. Children must be supervised by their parents. Parents may not bring their children to the Club and then leave. The only exception to this rule is during Moppy Camps.
2. Everyone must wear a life jacket whilst on the water. This applies to both adults and children.
3. Adults may not sail on the pond without a junior member in the boat.

# HOW DOES THE CLUB WORK?

## WHO'S WHO

All juniors aged seven and over are full members and have their own votes at general meetings of the Club. They outnumber parents by about 2:1 and so their votes make a lot of difference. All the management committee posts are open to any adult member, those of Commodore and Vice-Commodore, are only open to juniors. If they wished the juniors could run the Club in any way they choose: at the moment they appear happy to let the adults do the boring jobs and keep the fun ones for themselves.

The President is the chairman of the Management Committee and co-ordinates the running of the Club.

The Vice-President looks after the buildings

The Bosun looks after the Club boats.

The Treasurer takes care of the bills!

The Rear-Commodore (Sailing) chairs the Sailing Committee and organises the sailing programme.

Rear-Commodore (House) chairs the House Committee and arranges the social side, tuck, teas and BBQs.

The Membership Honorary Secretary keeps a record of the membership.

The Junior Liaison Officer helps the children organise themselves.

The Junior Commodore, who must be a full member under 16 years old and served a minimum of two years on the junior committee, co-ordinates the Junior Committee and is responsible for ensuring the adults remain in the background. The Junior Vice-Commodore covers for the Commodore when he/she is not there.

The Commodore and Vice-Commodore are great people for new members to ask to help their children and to encourage them to get out on the water. The Junior Committee members ensure that the events we run are what the juniors want, not what their parents think will be good for them.

The list of current Management and Junior Committee members is posted on the Club notice board and can also be found on Appendix A of this handbook. If you have any questions, problems or suggestions, please give the appropriate person a ring – they will be only too happy to help.

From the member's point of view you should get a mailing in November asking you to renew your membership by mid-January of the following year. This will be followed by a Moppy Camp application form in February and a programme and rota in March. If you do not renew your membership by the specified date you may lose your place at the club. This will mean that you may have to go back on the waiting list and repay the joining fee.

There is a working party, usually in March/April, to tidy up the Club before it opens for the season. Attend this to ensure that you are in the committee's good books for the year! We have our AGM in early December to elect committee members.

## VISITORS TO THE CLUB

**We all bring visitors down to enjoy the Club with us from time to time. However, we do have to limit it otherwise the Club gets overrun. The basic rule is one family of guests at a time and the same guest family no more than three times a year. If they want to sail the Club boats they must become Temporary Members as otherwise they are not insured and sign the Salterns Sailing Club Guest Book.**

## TEMPORARY MEMBERS

Anyone can sail at the Salterns on up to three occasions in any one year as long as they become Temporary Members and abide by the Club rules.

The child's parent or guardian must complete a Temporary Membership form, pay the temporary membership fee (currently £3.00 per Temporary Member) and filling in the Salterns Sailing Club Guest Book. The child is then insured to go on the water and use our boats. The Club welcomes anyone who comes along on a Sunday afternoon in the summer and Duty Committee Members will try to make them feel welcome and help to get their children on the water. We feel that we are very fortunate to have the right to use such wonderful facilities and we try and make visitors welcome and encourage them to join the Club. We do not provide buoyancy aids, therefore visitors must bring appropriate sailing clothing and buoyancy aids themselves.

## **THE PEANUTS**

The Club owns two tiny rowing dinghies called “Peanuts”. They are brilliant first rowing trainers as the rollocks are fixed and they are just the right size for juniors up to ten or so. Try it out – the oars should be with the boat. For reasons of safety we ask that the Peanuts only be used in the area of the pond to the left of the club house in the shallow water well away from the sailing area for the Moths and Scows.

## **THE ASSOCIATE MEMBERS**

Associate groups as identified in Appendix B use the pond each weekday evening and Saturday morning in the summer. Some associate groups keep their own British Moths and RS Teras at the club. All the children and adult helpers are Associate Members of the Club and are bound by the Club Constitution. They are required to have a Duty Officer, who is the person in charge. As a member you are perfectly entitled to use the Club at the same time, and there are boats set aside at all times that are for use by Club members only.

## **SPONSORED CANOE DAY**

The Sea Scouts are also Associate Members and have run a sponsored canoeing event on the Salterns on a Saturday afternoon in the early summer for the last 20 years. We always close the pond to sailing during this afternoon as a safety precaution.

## **USE OF THE SALTERNS**

The only time you are not able to use the pond is during the Sponsored Canoe Day and on Moppy Camp weekends. The Club is closed for environmental reasons between early December and late March.

## **CANOES AND WINDSURFERS**

We don't allow canoes or windsurfers to be used.

## **THE GALLEY**

There is an equipped galley in the Club House, which members are welcome to use. Members can help themselves to the tea and coffee making things. Please put the money in the tin provided in accordance with the tariff. Similarly tuck is on sale most Sundays, which **duty parents provide**.

## LEARNING TO SAIL

The Salterns must be one of the best places in the world to learn to sail. It's as safe as it is possible to make it; big enough to get going, small enough to give confidence, shallow enough to get out and walk home!

### INTRODUCTION TO SAILING

The juniors who come here vary in age from six to fifteen and what we try to give them all is confidence in and on the water together with lots of fun. As long as they leave here knowing that sailing is fun, we have achieved all we need to. If they learn to sail as well, that is a bonus. Pressurising juniors to learn to sail before they are ready can easily put them off sailing for life.

Most juniors, especially young ones, learn best from copying. They learn the feeling of what a boat is like when it is sailing properly, and try to do the same again. They do not understand the theory nor can they respond accurately to shouted commands from the bank.

Our policy, therefore, is to encourage them to go out when they are ready to, with an adult or older junior who will give them confidence and act as a model and give them a fun time.

To this end we organise lots of fun events and games. When they are ready to start on their own we usually take them out in an Oppie with an adult in waders holding the painter. This way you give them confidence, stops it all going wrong and can easily teach them how to tack and gybe properly.

### THE PENNANT SCHEME

The club operates a pennant scheme. Pennants are awarded at Moppy Camp, with the first pennant being Yellow, followed by Orange, Red, Blue and Green. The first four pennants are sailed in Optimists, while the final Green Pennant is for competent Moth sailors. The tests are based on the RYA Junior Sailor Scheme and so RYA certificates can be issued as well. The standards we require are quite high and this ensures that their seamanship grows with their ability to sail. Most juniors naturally progress by about a pennant a season; if they are older when they start they often get through the Yellow quite fast. The Green Pennant is a similar

standard as the Blue Pennant but completed in a Moth. Details of the individual pennant content is listed under Sailing Pennant System.

### MOPPY CAMPS

We try to arrange two Moppy Camps during the summer. These are weekend events for which you have to book and pay in advance. They run approximately from 09.30 to 17.00 on Saturday and from 09.30 to 16.30 on Sunday. They are run as RYA teaching courses and you leave your child with us for the day. They are great fun and provide a formal basis on which the junior can build for the rest of the season and beyond. They are intensive and exhausting. The junior has to come both days and can usually only come to one Moppy Camp in a season. There is a BBQ included on the Saturday evening for all the sailors. Parents can also buy BBQ tickets. Drinks for the children are provided but adults should bring their own booze as we do not have a licence. The Moppy Camps are always over subscribed and priority is given to older children. Sometimes children may be asked to repeat a pennant.

### BRONZE FLEET

The Bronze Fleet is a regular Sunday morning activity enjoyed by upward of fifteen children on some occasions, many now the proud owners of their own racing optimists.

The Bronze Fleet is an integral part of the Lymington Optimist Flotilla and is run as an associate group. The aim is to give those who have the ability and the will to race Optimists a first class start, in waters that are familiar and confidence building to the children.

At the beginning of each new season we are looking for children who are working towards Blue Pennant or above, who are keen enough to join the group. Children are expected to attend the sessions regularly. There are limited places available for those who wish to use the Bronze Fleet Club Oppies but there are generally spaces for children who have their own GRP Oppies. Our hope is to encourage as many children as we can to own their own boats and enjoy Optimist sailing wherever they choose to undertake it. For more information please contact the Lymington Optimist Flotilla website [www.lymingtonoppies.co.uk](http://www.lymingtonoppies.co.uk).

## SILVER/GOLD FLEET

Most of the children from the Bronze Fleet progress to the Silver Fleet when their confidence and skills have reached a certain level. Sailing is undertaken on the Lymington River, generally on Sunday mornings and occasional weekday evenings, apart from when the weather is extreme in which case it is back to the Salterns. Many children at this stage get their first taste of competitive racing at Optimist Open Meetings around the country, throughout the year. We have had a number of successes including having children ranked No 1 and 2 in the list of National Optimist rankings!

The only additional requirement apart from parents with deep pockets to provide a gleaming boat, flashy gear etc, is that each child will need to become a junior member of the Royal Lymington Yacht Club. For more information please contact the Head of Optimists via Royal Lymington Yacht Club.

## SAILING AT THE SALTERNS

### SUITABLE BOATS

Over the years many boats have been tried in the Salterns, including Toppers and Lasers. None of the boats tried have been a success except for Moths, Optimists and Scows.

Scows do not damage easily and are very stable. They are popular both with adults and also with the juniors, who find them great fun.

The Oppies are a great success and are very popular with the younger juniors. They are technically much more difficult to sail well than the Moths, but are much more stable. They are **great** as a first trainer (especially the heavy polythene ones) and reach and tack well if there is enough wind. Their problem is that they are not easy to set up well and unless they are, they are difficult to make sail to windward. They get in to irons easily and the junior has to know what to do to get them going again.

**Members have to be at least six years old to take the helm of a Club Optimist.**

The older juniors prefer the Moths. These were originally chosen for a number of reasons:

They could be easily home-built and maintained

They were cheap

Their high aspect ratio sails are excellent in the sheltered conditions behind the trees

Their pivoting centreboard (rather than the lifting daggerboard of boats like the Topper) allows the boats to be sailed in very shallow water and doesn't get so stuck in the weed

They are powerful enough to be fun yet light enough to get up easily when capsized.

They can be sailed by one person.

To find out more information about the boat types sailed at the Salterns you can look at these websites:

<http://www.britishmoth.co.uk/>

<http://www.optimistsailing.org.uk/>

<http://www.cadetclass.org.uk>

<http://www.johnclaridgeboats.com/lymingtonscow.htm>

### CLUB BOATS

The Club owns twelve polythene Oppies, which are available for members to use. Members have to be at least six years old to take the helm of an Oppie. Six of the Oppies (those which the Associate Members can use) are kept under the kennels with the grey cover beyond the Club Scows. The other six are for use by Club Members only and are kept in the kennels by the front door. The Club also has a small number of GRP Oppies, which can only be used at the Salterns and only by members attending Bronze Fleet or working towards Blue Pennant. The keys for these kennels are on the row of hooks under the notice board in the Clubhouse. Their rigs and foils are with each boat or in the sail loft (the shed in the trees).

The Club also owns two Scows and a Cadet.. These are kept under the kennels by the grass and have covers on and all their gear kept inside them. These boats are available for all members; the Scows are great for adults to take out juniors as well as for the larger juniors to learn in, and the Cadet is fine for competent juniors to practice using a spinnaker.

The club also has six new RS Teras, which are for use by sailors who have passed their Red, Blue or Green pennants only. These are kept under the kennels by the front door.

## CLUB/LEASED MOTHS

The Club owns a number of British Moths which it leases annual shares in to families who wish to join the Club. This is incorporated within your membership fee. The idea is that leasing is a short-term arrangement and members are welcome to bring other British Moths to the club, if so a rebate to your membership fee is available. As with the other Club boats, the club/leased boats are professionally maintained and if they are damaged the Club pays the bill for repairing them. Obviously if they are damaged they are not available for use so please treat them as your own.

Both club/leased Moths and other Club boats need to be brought back to the pontoons at least once every twenty minutes so that others can have a chance to take them out.

## ADULT SAILING

Our lease states that the Club is for junior sailing and as such we only pay a proportion of the rent the council feels that they could get commercially. If adults sail without juniors on board or if adults are seen to be teaching adults, someone usually tells the Council who ring up for an explanation.

**The Club rule is that you must always have a junior with you when sailing.**

## PRIVATE BOAT PARK

Unfortunately we are only allowed to keep 50 boats at the Club so there is a premium on space. A limited number of places are available to members to park Moths, Scows, RS Teras or Optimists. To apply for a space please contact the Bosun.

## WHAT TO WEAR?

Don't look at all the smart dry suits with a sinking heart! They are not always necessary. Warm appropriate clothing and a wind and waterproof outer layer and a good buoyancy aid are all that is needed initially. Younger children will get far more enjoyment of sailing if they are warm. If they are keen, a wet suit will make a good birthday present, there is a good second-hand market. Do note, however, that wet suits must be worn under a waterproof outer layer.

## THE SAILING PROGRAMME

The sailing programme starts in early April and runs until the end of November. There is usually something going on most Sunday afternoons, except during August. So just turn up and join in. As you will see from the programme, we run a number of different events during the season.

**THE CLUB IS NOT A CRECHE. YOU ARE RESPONSIBLE FOR THE SAFETY OF YOUR CHILDREN AND MAY NOT JUST DROP THEM OFF.**

On weekends a Duty Committee Member will be present. Please see the duty rota for events. They will help sort out problems and may organise impromptu sailings, but this person is not *in loco parentis*. The different events organised may include:

**Informal Sailing** The idea here is for the juniors to sail and get to know each other and try out those things that they have learnt as part of the Pennant Scheme. Lots of capsizing – but it does stop eventually.

**Moth Racing** We run moth racing on some Sundays. These are identified in the sailing programme. They are good fun and great experience. There is a Moth cup for the winner of the series.

Participants must be working towards their Green Pennant.

**Fun Days** These are where we organise more formal games and fun races. They are brilliant and are usually very popular with the juniors. What we organise depends very much on the weather and the water temperature as safety must always come first. We tend to limit the games to one section of the pond and are delighted to see juniors sailing on the rest of it, as long as their parents are supervising them.

**Fancy Dress Day** The idea is to for the juniors to dress up as pirates, knights, etc. and to turn their boats into a ship, castle, etc. There is sometimes a bring-your-own-to-BBQ at lunchtime. At tea –time there will be a competition for the best/terrible/outrageous costume.

**Expedition Day/Over the Wall** - Depending on the weather we take the boats into Oxey Lake or otherwise arrange trips to the lifeboat station or arrange talks from groups such as the Marine Conservation Society. The Salterns is still available for members to use and there will usually be a Duty Committee Member and Duty Parents there to organise any other activities the juniors want to do.

**Summer Regatta** - This is great fun with racing for all levels, mostly not that serious, and some games as well. There is a bring-your-own-to-BBQ and we finish off the afternoon with a prize-giving and tea.

**Raft Building** -The juniors divide themselves into teams, we provide pallets and plastic barrels and they have to build themselves rafts. Then we have a race to see which lasts the longest. Very entertaining and good for memorable photos!

**Moonlight/torchlight race** -This is held on a balmy autumn Saturday evening. Lots of fun and hot soup with jacket potatoes. Bring a torch.

**Halloween Night** -There is our final BBQ and recently we have had a Hog. You will need to buy a ticket – book up early.

## THE SOCIAL SCENE

Alongside the sailing programme is an active social programme. This usually starts with an Opening Weekend Party on the first Sunday after Easter which is great fun and provides an opportunity to meet everyone, sort out what lives where and get any queries answered. The next functions are the BBQs on the Saturday evenings of the Moppy Camps. Drinks for the children are provided but please bring your own booze as we do not have a licence. The season ends with the home-made Model Boat Race, prize giving and the AGM. The AGM is usually on the first Sunday in December.

## DUTY PARENTS

The provision of friendly faces, hot tea, home-made cakes and tuck every Sunday afternoon is based on a system of Duty Parents. We try to have four sets every Sunday, and more recently some Saturdays, as it does get busy. Most people, especially new members, find it great fun as it gets you involved and gives you the chance to make new friends. You will find that your name will be put on the programme against a Saturday or Sunday sometime during the season, if that day is not convenient please arrange to swap with another parent and let the Duty Committee Member know. If your name is not on the list, don't worry, you will find that you will be telephoned when we have a shortage and asked to step into a vacancy. It is extremely rare for you to be asked to do more than one duty a season.

The Club can only run with the support of the members. It is vitally important that everyone does their bit and as such the Hon. Secretary will write to you and ask you to explain in writing to the Management Committee why you did not turn up for your duty day. It is a condition of membership that you do your duty day and you may be suspended from membership if the Management Committee feel that the reason was unacceptable. In this case you are no longer insured if you use the Salterns and have, or cause, an accident.

## DUTY PARENT CHECK LIST

### PLEASE BRING

A cake/flapjacks/biscuits/buns  
A couple of tea-towels

### AT THE BEGINNING OF THE AFTERNOON

Arrive at the Club by 1.45pm and unlock the club house  
Turn on immersion heater  
Open double doors onto pontoon  
Help get out rowing boats  
Help juniors to rig and launch Club Boats  
Collect float from Duty Committee Member

Be ready to welcome new members and visitors. If junior visitors want to sail, get their parents to complete a temporary membership form for each child. The fee is £3.00 per visitor and each visitor must sign the Salterns Sailing Club Guest Book. Please bring a buoyancy aid. Please note that

temporary members can only visit three times in one year and family members should bring no more than one guest family.

Be aware that children must be six years old to take the helm of an Optimist, the club/lease Moths are not for general use but are to be helmed by members working towards their Green Pennant. Sailors of club boats should return to the pontoon every 20 minutes to check if another member wants to sail. Invite children to take turns.

Organise the galley– squash, tea, coffee etc is provided.

Let the Duty Junior Committee Member sell sweets between 2.30pm and 4.30 pm.

#### **AT THE END OF THE AFTERNOON**

Turn off the immersion heater and cooker, and wash, dry and put away crockery

Clean kitchen and the loos. Mop the floors

Remove perishable items from fridge

Check changing room for lost property

Help wash down and put away rescue boats, Club Oppies, Scows and Peanuts. Encourage members to help put away the boats they have used. Club/lease Moths should be put away by those who sailed them. Remember to lock up all the boats.

Return tuck and float to Duty Committee Member.

Turn off all lights, including those in the toilets and put away the hoses.

Lock up the Clubhouse, sail loft (shed in the trees) and the toilets

Report any shortages to Rear Commodore - House. Any problems with the boats should be recorded in the Bosun's Maintenance Book in the Club House.

**Take away the rubbish (the council don't collect).**

## **DUTY COMMITTEE MEMBER'S CHECK LIST**

#### **A FEW DAYS BEFORE DUTY SUNDAY**

Ring all your Duty Parents and make sure they are coming with their cakes, milk and tea towels. Ask them to arrange a swap, if necessary. It is a condition of membership that everyone does their duty day.

Discuss what activities have been arranged with Rear Commodore (Sailing) and make sure that there will be adequate resources, eg. Plastic barrels for raft races.

Get float, about £5-£10 in small change.

See notes for Duty Parents – you have to help with everything on there too!!

#### **ON THE DAY**

Take your keys to the Club and arrive before 1.45pm.

Cancel the afternoon if the weather is really bad and advise Duty Parents.

Leave a notice on the door.

Give the float to the Duty Parents.

Brief the Duty Parents.

Ensure that the road is kept clear.

Keep the Committee Room door **locked**.

Provide two pints of milk.

Get the tuck out.

Organise the published event.

Prevent abuse of Club Boats and Club/lease Moths.

Keep the bye-laws, especially –

Make sure all adults and children wear lifejackets on the water

Make sure rescue boats are available

Do not allow adults to sail without a Junior

Make sure all children under 14 remain supervised by their parents at all times.

Explain to visitors and temporary members about the Club. If they are interested in joining the Club explain the current membership situation.

Ensure all sailing visitors sign Temporary Membership Form, SSC Guest Book and pay fee (£3.00 per child).

#### **AT THE END OF THE AFTERNOON**

Supervise washing down of Club Boats and record any damage in the Bosun's Maintenance Book in the Club House.

Put tuck away at 4.30 pm

Check perishable items have been removed from the fridge; lights, cooker and immersion heater are "off".

Make a record of the takings, including the Temporary Members Fees and give to the Treasurer.

File Temporary Membership Forms

Inform Club Secretary if any of the Duty Parents did not turn up for their Duty.

Do a final check that the Club is tidy and secure.

# CLUB MOTH/LEASEHOLDER'S CHECKLIST

## OBJECTIVE OF THE LEASEHOLDING SCHEME

*To allow juniors the opportunity to see if they like sailing before a commitment to buy a boat has to be made".*

## CARE AND MAINTENANCE OF THE MOTHS

There are a number of Club/lease Moths, bought and maintained by the SSC. They have been extensively rebuilt to make them probably the best boats in the Club. The Club expects members to look after these boats for their own and others benefit. The Club also reserves the right, after a formal warning, to withdraw the use of the Moth to any member who does not look after the boats or whose use is unfair to the other members. Remember – if one of the Club/lease Moths has to go away for repair, you won't be able to use it.

## USE

Moths are only to be helmed by sailors working towards their Green Pennant. The boat must be shared between all the full members. Each member should hand over the boat every twenty minutes. The onus is on the sailing member to ensure there are no complaints. You are entitled to use any of the Club-owned Moths – they represent a pool of available boats. If you have used a boat during the day you are expected to assist in packing it up or to make arrangements with other leaseholders that they are prepared to be responsible in your absence. Please treat the Moths as if they were your own.

## LAUNCHING

Remove cover and put to one side  
Check equipment  
Put bungs in and hatch covers  
Only hoist the sail if the wind is offshore  
Ensure sail is correctly set  
After launching, return trolley to shelter  
Fit rudder and make sure it is in the down position  
Put down the centreboard  
That's it – go sailing!

## RECOVERY

Remove rudder and lift centreboard  
Lower sail  
Pull up slipway onto trolley  
Remove all bungs and hatch covers

Wash out boat with hose  
Wash sail if dirty  
Flake sail loosely under boom  
Fit cover and put back in shelter  
Report any loss or damage in the Bosun's Maintenance Book in the Club House.

## WHERE TO GET BITS OF BOATS

Over the years a number of local firms have gone out of their way to help the Club. Sometimes they provide advice, sometimes items we need at cost or less. Without their help the Club wouldn't be the place it is today. So if you are looking for something for your boat try the following:

**John Claridge Boatbuilders (Sadlers Farm)** built all the Club Moths and Scows, are experts in repairing and doing up old boats as well as winter re-fits. They also have a super range of less expensive chandlery. They are easy to talk to if you are not an expert and are always ready to give a bit of advice. They are also the source of the indestructible stainless steel launching trolleys we use.

**Sanders Sails (Queen Katherine Road)** provided all the Club Moth, Oppie and Scow sails. They are super sails, last well and win races. They also repair damaged and torn sails very quickly and will overhaul and wash your sails and store them over the winter away from the mice.

## HELPFUL HINTS

### Tricks to rigging Moths

They need a tight luff to go well to windward with a relatively tight foot. Having the kicker on tight stops the leach opening and spills the wind when you ease the mainsheet and so they capsize easily. In strong winds with inexperienced helms you are better having a fairly slack kicker which will stop the boom lifting in the gybe but let the leach open. The centreboard should be more than two-thirds down as otherwise there is too much weather helm.

### **Tricks to rigging Oppies**

Do the kicker up first and make it relatively tight. Then do up the sprit uphaul, and pull it quite tight. Creases in the sail make it very difficult to sail to windward. If there is a shortage of water or a lot of weed keep the dagger board up a bit (but under the boom).

### **Tricks to rigging Scows**

Let off the tack downhaul and the kicker before pulling the sail up. Once the sail is up and cleated, pull the tack downhaul quite tight, especially in strong winds. Do not over tighten the kicker. This should be just tight enough to stop the boom lifting in the gybe but should be loose on the beat. If you keep coming up into the wind or have a lot of weather helm pull the centreboard up a bit.

## **Committee Members 2011**

A list of Junior Committee and Management Committee Members are listed in Appendix A at the end of the Handbook.

## **SALTERNS SAILING CLUB BYE-LAWS**

No dogs may be brought into the Clubhouse, excluding guide dogs. Members are asked not to bring their dogs down to the Salterns.

Cars may only be parked in areas designated for such parking, so as not to cause an obstruction to other cars or to the approaches to the Club premises, especially the lane leading to the Salterns Cottage which requires access at all times.

No one under the age of 14 years is allowed to use the Salterns unless properly supervised (ie. Parents must remain with their children).

No one, neither adult nor child, is allowed onto the water unless wearing a life jacket or buoyancy aid.

The Terms and Conditions of the Lease (a précis of which is overleaf) shall be upheld by all members at all times.

No one is allowed to walk on the roofs of the boat shelters.

All parts of boats and trailers/trolleys must be marked with the boat's name and number.

Boats must not be tied to the veranda supports.

No swimming is allowed in the Salterns Pond.

No more than 25 boats are allowed on the water at any one time.

Landing on the island is prohibited unless with the express permission of the Duty Committee Member.

No power or motor driven boat is allowed on the Salterns Pond.

Collecting, capturing or causing harm to any living thing is forbidden under the terms of the Lease.

Crabbing is permitted as long as:

No hooks are used

The crabs are returned to the pond as soon as possible

## **PRECIS OF THE LEASE**

The Club leases sole use of the pond and all the facilities from the Council for an annual rent. We lease up to the high water mark, and have the right to use any road and track that the public had access to in 1988. We do not lease the dykes. The Lease expires on 31<sup>st</sup> December 2016.

We are required to use the pond to provide sailing for children up to the age of 16 years and for such social and other purposes that are usually connected therewith and for no other purpose.

Membership is restricted to 200 full members. No more than 50 boats are to be stored at the Salterns .

No more than 25 boats are allowed on the water at any one time.

We are required to ensure that there is always proper supervision of members and their guests.

We are not allowed to cut down or injure any trees, plants, bushes or hedges, nor to remove any soil, clay, sand or similar materials without written permission. Dredging is specifically prohibited.

We are not allowed to erect any buildings, works, kiosks, quays, jetties or pontoons, either permanent or temporary or to extend or alter any present building without permission.

We are required to maintain the facilities in good order, and to insure them and also to insure against third party and tenants liability.

Landing on the islands is prohibited between 1<sup>st</sup> October and Good Friday the following year and we are required to endeavour to keep activities at a low ebb during the same period.

We must not allow the use of any power or motor driven boat on the pond.

We are specifically prohibited from doing anything that may be or become a nuisance, annoyance or disturbance to the Landlord, our neighbours or the neighbouring nature reserves.

We must not collect, capture or cause harm to any flora, fauna or any living thing.

## SAILING PENNANT SYSTEM

### 1. YELLOW PENNANT (RYA Level 1)

Aware of the wind direction

Able to put on personal buoyancy correctly

Confident in the water wearing personal buoyancy

Assist with rigging a dinghy

Able to cleat a halyard

Tie figure of eight and reef knots

Capsize and stay with the boat

Launch a dinghy and get under way with assistance

Seer and turn a dinghy when sailing and when being towed

Paddle or row round a short triangular course

Assist with recovery and stowage

Know what to wear when sailing

Know the names of the basic parts of the boat

Know how to call for assistance

Know how to prepare to be towed

Sailing Test

### 2. ORANGE PENNANT

Able to rig a dinghy

Tie a round Turn & two half Hitches & a Bowline

Able to get underway and return to the shore in an offshore wind

Able to right a single hander

Able to go about (Reach to Reach)

Able to get out of Irons

Able to sail a figure of eight course across the wind

Able to stop a dinghy by lying-to

Aware what is meant by and learn how to gybe

Know how to choose the right personal buoyancy

Know more ways of knowing the wind direction

Know what is meant by Windward & Leeward

Know how to prepare for a multiple tow

Sailing Test

### 3. RED PENNANT (RYA Level 2)

Able to rig an Oppie

Tie a round turn and two half hitches and a bowline

Able to get under way from and return to the shore in an offshore wind

Able to right an Oppie

Able to beat to windward

Able to get out 'of irons'

Able to sail a figure of eight course across the wind

Able to sail a triangular course

Able to stop a dinghy by lying-to

Able to gybe in light winds

Know how to choose the right personal buoyancy

Know what to wear when sailing

Know more ways of finding the wind direction

Know what is meant by windward and leeward

Sailing Test

### 4. BLUE PENNANT

Able to rig and launch in an onshore wind

Able to sail backwards away from a pontoon in an offshore wind

Able to reef a dinghy ashore according to weather conditions

Able to right a capsized dinghy efficiently, bail out and sail on

Able to apply the basic rules of the road

Sail a figure of eight course upwind/downwind

Able to demonstrate all points of sailing

Able to apply the 'five essentials'

Able to return to a beach, jetty or mooring safely

Know the points of sailing

Know the basic rules of the road for sailing dinghies

Know how to obtain a weather forecast

Know when to reef

Know what action to take to help those in distress

Know the basic organisation of racing

Sailing Test

### 5. GREEN PENNANT (RYA Level 3)

Able to rig and launch in an onshore wind

Able to sail backwards away from a pontoon in an offshore wind

Able to reef a dinghy ashore according to weather conditions

Able to right a capsized dinghy efficiently, bail out and sail on

Able to apply the basic rules of the road

Sail a figure of eight course upwind/downwind

Able to demonstrate all points of sailing

Able to apply the 'five essentials'

Able to return to a beach, jetty or mooring safely

Know the points of sailing

Know the basic rules of the road for sailing dinghies

Know how to obtain a weather forecast

Know when to reef

Know what action to take to help those in distress

Know the basic organisation of racing

Sailing Test

Racing Test

**The sailing pennant system may change from time to time.  
The latest system will be displayed in the club house.**

# SALTERNS SAILING CLUB SAFETY POLICY

## RESPONSIBILITIES

Overall and final responsibility for safety rests with the Management Committee of the Salterns Sailing Club.

The Management Committee shall from time to time appoint a suitably qualified member as Chief Instructor who shall be appointed as Principal of the RYA training centre.

The Chief Instructor of the Club is responsible for preparing and reviewing at least annually a risk assessment and safety policy and ensuring all the Instructors and helpers are aware of the safety policy approved by the Management Committee.

The Management Committee of the Club shall ensure that all formal training sessions are run by a suitably qualified Instructor or trainer.

The Management Committee shall ensure that a suitably trained Club Member is appointed Officer of the Day (O.O.D.) for all Club run activities who shall be responsible for organisation and overall safety.

## ACCIDENTS

There is a first aid kit in the Clubhouse.

All the qualified RYA Instructors/Race Trainers are trained first aiders.

The Rear Commodore (House) is responsible for ensuring that the first aid kit is checked and replenished as necessary.

An accident book is maintained by the Club. All accidents are to be reported to the Officer of the Day (O.O.D.) and logged in the accident book. The President and the Principal are to be informed of all accidents.

No child should go on the water until his/her parent/guardian has signed an indemnity certificate in the form determined by the Management Committee.

After Specified Club Events when parents are not required to be responsible for their children, such as Moppy Camps, the O.O.D. responsible for the event should not leave the Club until all the children have been accounted for.

In the event of a serious accident during a Specified Club event such as a Moppy Camp, the O.O.D. in charge shall ensure that the next-of-kin of relevant children are contacted.

## SAILING SAFETY

Parents are responsible for their children at all times except during Specified Club Activities when the Club has agreed in writing that it will be responsible, such as Moppy Camps.

All personnel, whether in dinghies or in support boats, must wear buoyancy aids complying with the 50 Newton standard at all times.

Children under 14 years old are not allowed on the water unless supervised by an adult.

During Specified Club Events the O.O.D. should ensure that a suitably trained person attends any capsize within three minutes.

People with long hair should tie it up before going out on the water.

## CLUB PROPERTY

The Vice-President shall be responsible for ensuring that all Club buildings and property other than boats are regularly inspected so as to reduce the chances of accidents.

The Vice-President shall be responsible for ensuring that the Club is equipped with the recommended level of fire fighting equipment and this is serviced annually by a suitable company.

The Bosun shall be responsible for ensuring that all the Club boats are regularly inspected so as to reduce the chances of accidents.

The Vice-President and Bosun respectively shall ensure that anything damaged is made safe as soon as possible.

O.O.D.s should inspect the Club buildings and property during their session and report any problems to the Vice-**President** and/or Bosun.

## ABANDON PROCEDURE

The following are abandon signals and when any of the signals are heard all boats must proceed in a safe manner to the nearest shore and inform the O.O.D. that they are safe:

Multiple short blasts on a whistle or horn

## **SALTERNS SAILING CLUB CHILD PROTECTION POLICY**

It is the policy of the Salterns Sailing Club to safeguard its members from physical, sexual and emotional harm whilst participating in Club activities.

The Club takes all reasonable steps to ensure that, through relevant procedures and training, children, young people and adults taking part in Club activities do so in a safe environment.

We recognise that the safety and welfare of the child is paramount.

The Salterns Sailing Club actively seeks to:

Shoulder its responsibilities in caring for children and young people and those who work with them.

Be committed to good practice in work with children and young people.

Recognise that safeguarding the young is the responsibility of everyone, not just those who work with children and young people.

Be prepared to review its ways of work to incorporate best practice.

We Will:

Treat all children with respect and celebrate their achievements

Carefully recruit and select all adults whether paid or voluntary

Respond to all concerns and allegations appropriately

Appoint at least 2 Child Protection Officers

The Child Protection Officers are:

Identified in Appendix A.

When there are concerns about the welfare of any child/young person all adults in our organisation are expected to share those concerns with one of the named Child Protection Officers.

He/She is responsible for:

- Monitoring and recording concerns.
- Making referrals to social services without delay
- Liaison with other agencies
- Arranging training for all staff and appropriate volunteers

Confidentiality:

In cases of disclosure of abuse by either children or parents, we are obliged to share the information with one of the named Child Protection Officers, who may have to refer our concerns to social services.

Staff/volunteer allegations:

Concerns about the behaviour of adults in the organisation will be referred

without delay to one of the named Child Protection Officers, who will contact social services or the police as appropriate.

We will review this policy annually.

## **SALTERNS SAILING CLUB**

### **SAFE FROM HARM GOOD PRACTICE FOR ADULTS**

**It is the policy of the Salterns Sailing Club to safeguard its members from physical, sexual and emotional harm while participating in Club activities.**

**The Club takes all reasonable steps to ensure that, through relevant procedures and training, children, young people and adults taking part in Club activities do so in a safe environment.**

As an Adult within the Salterns Sailing Club, it is expected that you should always:

**Respect everyone as an individual.**

**Provide a good example of acceptable behaviour.**

**Respect everyone's right to personal privacy.**

**Be available as a listening ear and, if necessary, refer for more appropriate help.**

**Be sensitive to other people's likes and dislikes.**

**Try to ensure that your actions cannot be misunderstood or cause offence and are acceptable within a relationship of trust.**

**Show understanding when dealing with sensitive issues.**

**Plan to have more than one adult present during activities.**

**Uphold the Club's Safe From Harm: Code of Practice.**

**Remember that you are accountable to the Sailors, their parents/carers and the Salterns Sailing Club.**

You should never:

**Permit abusive behaviour, e.g. bullying, ridiculing or taunting.**

**Have inappropriate physical or verbal contact with others.**

**Jump to conclusions or make assumptions about others without checking facts.**

**Encourage inappropriate attention-seeking behaviour such as 'crushes'.**

**Show favouritism to anyone**

**Make suggestive remarks or actions, even in jest.**

**Deliberately place yourself or others in a compromising situation.**

**Believe 'it could never happen to me'.**

If you suspect a child is being abused physically, sexually or emotionally:

**Keep calm. Do not be shocked. Try to act normally.**

**Do not investigate – do not question.**

**Do not challenge parents/carers about your concerns.**

**Tell your named Child Protection Officer about your concerns.**

**Record all details which support your suspicions. Sign, date and keep these.**

**Agree with your Child Protection Officer and any other person who has been designated for this role, what action, if any, should be taken.**

*Never agree to keep a secret. You must inform others.*

If a child talks to you about abuse by someone else, listen carefully to what the child tells you, accepting what is said, and:

**Offer immediate support, understanding and reassurance, explaining that you cannot keep it a secret. Tell them 'I believe you', 'it's not your fault' and 'I must tell someone who can help you'.**

**Tell your Child Protection Officer your concerns.**

**Record all details which support your suspicions. Sign, date and keep these.**

**If the situation merits immediate action then contact either the police or social services/social work department.**

**Inform your Child Protection Officer of the action you have taken.**

If there is an allegation or suspicion of abuse by someone involved in the Club including yourself:

**Inform your Child Protection Officer of your concerns.**

**Record all details as you know them. Sign, date and keep these.**

*You must refer. You must not investigate.*

## APPENDIX A

### Junior Committee Members

Kate Smethurst – Commodore

Thomas Carotti – Vice Commodore

Jack Cox – Vice Commodore

Izzie Fitzsimmons

Danielle Thomas

Luke Gorman

Islay Murton

Louisa Briggs

Alice Smethurst

James Eady

Charlotte Slater

Georgina Howells

Sophia Gillett

Pip Rees

### Child Protection Officers

David Simpson

Martin Gorman

## Management Committee Members

<b>President</b>	Martin Gorman
<b>Vice President</b>	Post vacant
<b>Treasurer</b>	Gina Bassett
<b>Chief Instructor/RYA Principal</b>	David Simpson
<b>Membership</b>	Haidee Melanaphy
<b>Rear Commodore (House)</b>	Birgitta Hancock
<b>Bosuns</b>	Andrew Eady Nick Eales
<b>Junior Liaison Officer</b>	David Smethurst
<b>Moppy Camp</b>	Jo Fowle
<b>Associate Group Liaison</b>	David Thatcher
<b>Rear Commodore (Sailing)</b>	Mark Williams
<b>Committee Member Bronze Fleet</b>	Valeria Sesto
<b>General</b>	Ian Thomas Toby Collins
<b>Trustees</b>	Jeff Dudley Tony Harris Roger Wilson Oliver Dunne

## APPENDIX B

### ASSOCIATE GROUPS 2011

Day	Group
Monday 1600 →	Pennington Juniors (Pennington Parents Sailing Club)
Tuesday Up to 1800	Beaulieu
Tuesday 1800 onwards	South Baddesley
Wednesday Up to 1800	Our Lady of St Josephs RC Primary School
Wednesday 1800 onwards	Hordle
Thursday	Lymington Juniors
Friday	
Saturday am	Lymington Town Sailing Club
Sunday am	Bronze Fleet
<b>OTHER</b>	
Weekdays before 1600	Tile Barn Centre



## **APPLYING FOR MEMBERSHIP OF SALTERNS SAILING CLUB**

The Salterns Sailing Club was formed in 1960 to encourage and organize sailing and racing for helmsmen and women under the age of sixteen and to give its members practical experience and responsibility in the organisation, administration and financing of a club. The Salterns pond was formed by cleaning out an old saltpan with bulldozers and drag-lines and laying additional sluice-pipes to the sea. The depth of water is approximately three feet, except in one corner where it is six feet.

Full membership of the Club is restricted to owners and part owners of British Moth Sailing Dinghies that are based at the Salterns. For those who are not owners of a British Moth, the Club runs a shared leasing scheme to allow them to become a member. A candidate must be over seven on 1<sup>st</sup> April, in the year of application, or may join from the date of their seventh birthday if it falls later in the season and under 15 to apply for membership and once elected they may remain members until the day prior to the AGM following their 16<sup>th</sup> birthday. Parents of members automatically become life members of the Old Salts' Association. This Association was formed in 1967 to promote and encourage an interest in sailing in the younger generation by giving technical and administrative advice and assistance to the Salterns Sailing Club. The Association built 30 British Moths for

SSC members and helped to build the clubhouse, jetties and dinghy park.

Apart from Moppy Camps (which are run twice a year and only open to full members) the Club does not offer formal sailing instruction

**If you would like further information about the club it is best to visit on a Club afternoon between 2pm and 4pm. The club afternoons are on Sundays from April to October, with the exception of those Sundays in August, and some Saturday afternoons. Please speak to the Duty Committee Member or one of the Duty Committee Parents in charge on the afternoon and ask for an Information Leaflet. For a small fee children can try out the Club as Temporary Members and after these visits (up to three in one year) you can apply for membership but please be aware that for younger children there is currently a waiting list to join the club.**

Haidee Melanaphy  
The Membership Secretary  
haid1@btinternet.com

*The Membership Handbook is produced by the Junior Committee with a little help from the Management Committee*